Newsletter

Term 4, Week 8

Tuesday 29th November 2016



▼ Respect ▼ Responsibility ▼ Excellence

✓ Integrity

√ Resilience

Principal's Message

As I write this, there are only 14 days left in the 2016 school year! It is a busy time for all of us, but particularly busy at school at the moment.

Firstly today, allow me to start with some staffing news. We recently ran an advertisement and interview panel to fill one of our permanent teaching vacancies for a preschool teacher. I am pleased to inform the community, that after the process was complete, Miss Karina Brook was deemed to be the most qualified and suitable person for the position. Although, Miss Brook has worked in our school for 3 years, she has only been employed in a temporary capacity filling in for Mrs Deborah Arthurs who has been on leave. Karina's appointment is wonderful news for our school and also for her personally. We wish her congratulations and look forward to her continued work in our preschool.

Along the same lines, Mrs Deborah Arthurs has informed me that she will be retiring at the end of this year. Many of you will not have had the privileged of knowing Mrs Arthurs, as she has been on extended over the past 4 years, but she is an excellent educator who has left an indelible mark on many children's lives here at Cardiff South. We will be acknowledging her great work as part of next Wednesday's Presentation Day Assembly, but in the meantime I'd like to thank Mrs Arthurs for her professionalism, her service to our school and the Department as a whole, her commitment and concern for children and wish her all the best for the next phase of her life. She is truly an exceptional lady with exceptional teaching skills. For those in the wider community that know Mrs Arthurs and her work here, I invite you to attend our Presentation Day Assembly as we acknowledge her contribution to education in the best way we know how.

This morning at school, I had the privilege of announcing to the staff and students our elected School Captains for 2017. This year's nominees were all excellent students and wonderful role models in our school. The teachers and I were extremely impressed with their election speeches and the maturity they have shown throughout the process. They each did themselves and their families proud. Congratulations to the following students on their election:

Chloe Walandouw Ella Daly Liam Nash Ryan Power Each of them will receive their badges and be inducted at Presentation Day next week. I look forward to working with each of them next year and assisting them to carry on the great work that our past student leaders have started at Cardiff South.

 \rightarrow

Congratulations Students of the Week!

Term 4 Week 7 **Junior Student Award**



Linden Johns K Gold

Senior Student Award



Jowin P Jesto 5/6 Jade

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Wk 8. 28.11	29.11	30.11	1.12	2.12
		Life Ed make-up lessons (K/1G, 3 P & 1A) Combined Scripture assembly	Book Club Due Home Reading morning tea	
		Kumaridha AECG - 5PM CHS	11am	
Wk 9. 5.12	6.12	7.12	8.12	9.12
	Parent helper morning tea -11am library	Presentation Day- 9.30am	A Helping Hand for Harry- 1pm	
	Yr 6 Orientation - CHS	Reports to go home	Christmas raffle draw 2.45pm	
Wk 10. 12.12	13.12	14.2	15.2	16.2
Year 6 Farewell	W-League visit Yr 4 and 5 girls	Party Day		Students last day of school for 2016 Clap out 2.40pm

★★★Southy Stars★★

★Dylan Trute- 4/5 Maroon **★**Jarrah Campbell-Terry – 4/5 Maroon

★Eli Selway- K Red

Finally, today I need to let you know about another special event that we are holding at Cardiff South next Thursday 8th December. It will be called a 'Helping Hand for Harry' (Harrison Bowdern – Yr 4) and it is planned with the intent of providing his family with much needed financial support. Harry lives with a very serious and potentially life-threatening condition - haemophilia. Towards the end of last term, Harry sustained a serious injury that has led to a long term stint in hospital. Because of the nature of his injury, his father David has had to give up work to provide 24/7 care in hospital. David has been supporting Harry in hospital now for 11 weeks and it is unclear at this point when he will be released to return home. With Harry's mother Sandra also unable to work due to disability, the family have faced significant financial pressure, so much so that last week, Harry's father David told me that they had cancelled Christmas as there is no way possible that they could afford it. Here at Cardiff South, we have a wonderful track record of helping families in need. Although, many families can feel financial pressure at this time of year, I'm sure you'll agree with me that when a family has to cancel Christmas, things are very serious. There are more details about a 'Helping Hand for Harry' further on in this newsletter, but in a nutshell we have decided to have a 'Colour Run' in the palyground along with a BBQ lunch. The cost will be \$10 per student with all money raised to be donated to the Bowdern family to assist with relieving with their current pressure. Families are invited to attend and if you wish to, we'd love it if you'd join in! We would also welcome any one off donations that families would like to make towards helping the Bowderns as well. We hope that you'll get behind this event and help out a wonderful family that need our help.

Have a great week
David Holland
Principal

Finalising Outstanding Payments

With only 3 weeks remaining of the school year, we ask that all families who have outstanding payments owing, such as book packs, seek to finalise them by next **Tuesday 6th December**. It is important that these payments are completed before the rollover to the New Year. If your family is experiencing difficulty and is unable to address outstanding money owed, please make an appointment to discuss your circumstances with Mr Holland.

Second hand uniforms

Just a reminder that our office staff manage second hand uniform stock to assist families in need. As we come to the end of the school year, if there are any families that are leaving the school, or that children heading to high school — we would welcome donations of school uniform items that are still in good condition with plenty of wear left in them. If you have items that you would like to donate, please wash them and hand them in at our office. Your generosity is appreciated.

Volunteers and Helpers Afternoon Tea

In 2016, as in previous years, our school has been very fortunate to have the valued assistance of many parent helpers and volunteers. To say thank you for your assistance, the staff would like to put on a special morning tea. It will be held at 11:00am next Tuesday 6th December in the school library. Invitations should come home via the students this week. If you have volunteered or helped in our school this year, in ANY capacity, we would be delighted if you could join us for this special morning tea. To those of you who have helped or volunteered this year, but are unable to make it— we sincerely thank you for your kind and generous support. We couldn't do what we do without you!

Presentation Day 2016

Cardiff South Public School's annual Presentation Day assembly is planned to commence at 9:30am on Wednesday 7th December. It will be a great opportunity to celebrate many of our student's successes throughout the 2016 school year. Parents have always told us that it is extremely helpful if they are given advanced notice that their child is receiving an award during this special assembly. If your child will be receiving an award at the Presentation Day assembly, you should have received a letter in the post last week indicating that they are receiving an award. We do this as a courtesy, so that you have time to make arrangements to attend if you are able, however, we do ask all families to show restraint and discretion by not informing your children or by discussing that your child is getting an award with other parents. Your cooperation is appreciated. Please note that although Presentation Day is about our students and their achievements, we will also be using this assembly to acknowledge the great work of Mrs Deb Arthurs and offer our thanks gratitude for her service to Cardiff South over a number of years.

Year 6 Orientation Day

Parents of Year 6 students going to Cardiff High in 2017 should have received a letter mailed home from the high school, outlining the Year 7 Orientation Day on Tuesday 6th December.

A reminder note was sent home today with students, along with a permission slip for students to walk back to Cardiff South PS with Mr Carlin at the conclusion of the Orientation Day. Please have your child return the permission slip to Mr Carliin by this Friday, 2nd December.

Getting to know..... Mia Davies



Class:

Favourite book:

What do you do for fun:

Brothers and sisters:

Favourite food:

When I grow up:

K Gold

Koala Lou

Play Doh

Sister Ava who is 3

Honey carrots

I want to be a teacher

Home Reading - 120 Nights morning tea

Mr Holland will be hosting the next Principal's morning tea this Thursday at recess for those fabulous readers who have reached the 120 nights reading milestone. Students who are eligible should have received invitations to attend today.

Kumaridha AECG

The next Kumaridha AECG meeting is scheduled for tomorrow evening, Wednesday 30th November at Cardiff High School starting at 5:00pm. Light refreshments will be provided and parents and community members are invited to attend. Apologies for any confusion that we caused by publishing the wrong date last week.

Uniform Shop - Additional opening time this week

The Uniform Shop will be opening for some additional time this week at assist families wishing to stock up for 2017.

Opening times for Wednesday 30th November:

8.40am-9.30am and 2.30pm-4pm

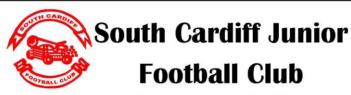
Newcastle Jets W-League Session

On Tuesday 13th December, girls from Year 4 and 5 will have the opportunity to participate in a visit by players from the Newcastle Jet W-League squad. We are entering a girls' team in the PSSA State Knockout Competition in 2017 for the first time and see this as an opportunity for the girls to begin showing an interest. The session will take place from 9:00-10:30am in the school hall and COLA.

Two W-League players will host the session and talk to students about their experience within football, healthy eating and the benefits of exercise. The players will demonstrate some skills and ask a few students to participate in some small activities.

Each attendee will receive an online code to gain two free tickets to the next Jets Westfield W-League/A League double header.

As this is an event taking place inside the school free of charge there will not be a permission note, but if you **DO NOT** wish for your child to attend can you please send in a note to Mr Jardine before Friday 10th December.





Club Ph Number 0411 399129

Registration Details

All players from U6 to Over 35s also Female teams are welcome

http://www.southcardifffootballclub.sportingpulse.net

or contact Cindy Redpath on 0488 706 818.

Registration times are:

Saturday 4th February - 10.00am to Middy

Monday 5th February - 5.00pm to 7.00pm

Wednesday 16^{th} February – 5.00 pm to 7.00 pm

At Ulinga Park Complex in Cross St, Cardiff South

Also SCJFC has a Smartphone App and Android App to receive updates and club news on a regular basis.

Check out our Facebook page South Cardiff Junior Football Club for regular updates.

Kinder Orientation

On Thursday 24th November, Year 5 students met their kinder buddies for the first time. The young students had a lot of fun with their Year 5 buddies using the activities and having a delicious meal at the barbeque. The Year 5 students also had a lot of fun. Here are some reflections from the day:

When I first saw my buddy she was excited and happy. This made me feel like a proud and helpful role model for younger students. *Chloe Walandouw*

When I saw my buddy she was excited, happy and didn't want to leave "big school". When I was looking after my buddy I felt like a really good role-model for younger students. *Adalita Green*

I got to meet my kindergarten buddy, Penelope. She was happy, energetic and overly-excited for primary school next year. Taking care of Penelope made me feel very responsible and a good role-model for younger students. *Ella Daly*

Amelia was an enthusiastic and energetic little girl. I was happy to see Amelia being so comfortable with me and how mature she was about leaving her parents. *Jada Voigt*

My buddies name was Kaitlyn. I got to find so much about her. She was excited to meet me & have a look around the school she was going to be attending next year. Being her guide and help made me feel responsible and trustworthy. I had so much fun with Kaitlyn & can't wait to spend more time with her next year. *Olivia Chandler*

I had a great time with Matilda (my buddy) she was funny, happy and shy, I can't wait til' I see her again! *Jordyn Fletcher*





A Helping Hand for Harry. Join us for a colour run and picnic lunch.

Harrison Bowdern is in Year 4 and is undergoing treatment for Haemophilia, a genetic blood disorder.

On Thursday 8 December Cardiff South will hold a fundraising afternoon for Harrison and his family to help support them during this financially difficult time.

It is an Out of Uniform, Colour Run/Walk and BBQ picnic lunch.

Wear old clothes or a white shirt for the run/walk. It is \$10 to participate in this event.

GOLD COIN donations on the day for parent entry and coloured hair spray.

Please register and pre-order your BBQ lunch using the order form. Thank you for your support.

The Cardiff South Community helping one of its own.



Be in it to win it!

The annual P&C Christmas raffle is underway. Please consider making a donation into your child's classroom hamper. More tickets are avaiable from the office should you need them.

Happy Birthday					
10	Alex Jones	4 White	1 st December		
11	Ella Daly	5/6 Ruby	2 nd December		
8	Jye Pilarski	2 Orange	3 rd December		
7	Kynan Jobson	1 Aqua	3 rd December		
8	Ebonie Humphries	2 Orange	4 th December		
6	Travis Richards	K Red	4 th December		
6	Zali Jardine	K/1 Green	5 th December		
7	Amy Trute	1 Aqua	6 th Dec ember		
12	Maria Vo	5/6 Ruby	6 th December		

Canteen Roster

Wednesday 30

Kerry Gordon

Madelyne Thompson

Friday 2

Charlie Strong Jodie Matheson

Cheryl Jardine Kellie Sumner

Monday 5

Denise Reilly Lisa Wellings



Parenting 10 E 45 INSIGHTS





WORDS Michael Grose

Goodbye primary school, hello secondary

The end of primary school is a significant milestone in children's lives. They've spent half their lives in primary school, in many cases in the same school, which is significant.

Developmentally they've come a long way from those skinny little kids who lined up for class on the first day holding a parent's or carer's hand. Now entering puberty, most are taller than their mothers and the only people they'll hold hands with are 'special friends', but not in public. Those displays of affection will come later in the secondary school years.

Changing from primary to secondary brings a mixture of emotions in kids such as excitement, apprehension, pride and, in many cases, sadness about leaving friends and familiar surrounds behind.

Parents often go through the same range of emotions as children at this time so we need to acknowledge those feelings in ourselves, just as we should in our children.

LOOKING BACK

This is a time for kids to celebrate their achievements; show appreciation to their teachers and enjoy the friendships that they've formed. Here are three Ideas:

Let's celebrate

Primary school graduation ceremonies play an important part in the primary school life, as they mark the end of an era and the start of a new part of their lives. We need to be careful that the meaning doesn't become lost as graduations become increasingly lavish, even to the point where some students are transported to their graduation in a stretch limo. Keep them simple and keep them close to the school's values.

Show gratitude

As a former teacher I know how much a simple thank you can mean from students at the end of the year. So make sure your kids take the time to thank their final year teacher and as well as seek out to thank other teachers who contributed to their education over their primary school journey. Gratitude costs nothing but has a great impact.

Enjoy friendships

Encourage your kids to be open and friendly at this time of the year, and steer clear of

cliques and fellow students who want to exclude others from their groups. The end of primary school can be tricky to navigate, particularly when early maturers stick together and ostracise certain classmates. This is the time for friendly behaviour and inclusiveness.

LOOKING AHEAD

When primary school is finished and the holidays are coming to an end it's time to focus on the new experiences of secondary school. Some kids take secondary school in their stride but it is natural to experience some difficulty.

If your eldest is starting, then secondary school will be a relatively new experience for you too. It will take some time for you to adjust to the school's culture and communication methods.

Your attitude as a parent can help your child quickly adjust. Here are three Ideas for you to help kids make a smooth adjustment:

more on page 2





Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at **parentingideas.com.au**. You'll be so glad you did.





... Goodbye primary school, hello secondary school ...

Promote friendships

The quicker kids form new friendships the sooner they'll feel comfortable in their secondary school surroundings. Encourage your young person to be open to forming friendships with all sorts of kids; to be accepting of others who may be different to them; to take social risks by joining in activities even though they may feel uncomfortable; and to be friendly, approachable and positive!

Be ready to listen

Patience and understanding in the early weeks is essential. Brush up on your listening skills as you help your young person adjust. Talk to your young person about change and reassure them that it's normal to feel unsure or nervous in new circumstances. Let them know that many difficulties they face will be temporary.

Keep your attitude positive

Confidence is catching so make sure you see this transition time as an exciting challenge that your child can handle rather than an event to be feared. Ask them about the new subjects or interesting activities they are doing, and try to shift their focus to the positive aspects of school. Discuss settling in issues with the appropriate person such as a year level coordinator, but give your young person time to handle them on their own before seeking help.

Michael Grose







Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at **parentingideas.com.au**. You'll be so glad you did.

